



Emergency Shelter Wishlist

The Sophia Way Emergency Shelter will be hosted by Temple B'nai Torah from November 13, 2019 to May 31, 2020.

Forty+ women come to the shelter each night seeking a safe place to rest. They are provided a mat, blanket, and served a hot dinner. Apart from giving them these basic needs, we are working to create a more comfortable environment for them to sleep better and wake up refreshed to face the day.

Help us by filling your shopping cart with the following items:

Items	Amazon link	Quantity
Long Lightweight Pajama Shirts (<i>Sleeping in the clothes you have worn all day is not very appealing, and we would like to give the women the option to change into something more comfortable.</i>)	Ekouaer Women's Nightgown	All sizes – 100
	Ekouaer Women Pjs Sets	All sizes – 100
Personal Cleansing Wipes (<i>The night shelter does not have showers and wiping away the day's grime will help them feel clean and fresh.</i>)	Ally Personal Cleansing Wipes	10 packs of 60 wipes
	Healthy Spirit Disposable Washcloths	10 packs of 250 wipes
	Ally Rinse Free Shampoo and Body Wash with Aloe	100
Toothbrush/toothpaste	Colgate Wisps	100
Underwear		All sizes – 100
Pillows (<i>Airline disposable pillows or full-on pillows</i>)	McKesson Disposable Pillows	5 cases
Ear Plugs	Mack's Ultra Soft Foam Earplugs	100 pairs
White Noise Machine (<i>Helps create a calm environment for a good night's sleep</i>)	Douni Sleep Sound Machine	2

Note: the Amazon link is for reference; please feel free to get the same or something similar.

Bring have your donations delivered to:

Place: The Sophia Way, 11061 NE 2nd Street, Suite 223, Bellevue

Time: 9 AM – 5 PM

Questions? Contact us at info@sophiaway.org | 425.463.6285

Or, **GIVE**
and we'll do
the shopping!