

TSW Meals Fund Needs Your Support

As the news continues to unfold, we are just beginning to understand the far-reaching effects of this crisis and The Sophia Way (TSW) continues closely monitoring the situation. We are going to rely on each other more than ever in the coming weeks, and we need your help to weather this storm.

Your support is key to helping provide all the resources needed for women experiencing homelessness on a daily basis as they continue to seek our services. At this time, TSW needs meals and we are asking for your support of our newly created [Meals Fund for Women](#).

Each day, we serve almost 200 meals across our locations. There are two ways that you can help:

1. [Make a donation](#) to cover the cost of purchasing a meal when volunteers are unable to provide meals:

- \$250 serves breakfast, every day, to about 80 women at the Day Center and Emergency Shelter
- \$250 provides lunch, every day, to 40 women at the Day Center
- \$500 means a warm dinner, every night, to about 60 women at the Emergency Shelter, as well as Sophia's Place
- \$1,000 provides all the meals that The Sophia Way provides each day

2. [Sign-up to deliver a meal](#)

- If you choose to enter our shelters and interact with the women, we strongly encourage you to follow the recommended public health guidelines for handwashing and other protocols.
- If you choose to avoid entering our shelters, you may leave the meal near the door so that our staff is able to bring it in quickly and easily.

Tip! It's a great opportunity, in this time of limited social interaction, to be engaged and busy – and it's a great way to support women experiencing homelessness in our community.



We continue to do everything possible to keep clients, staff, and volunteers safe and healthy. We are in regular communication with King County staff and are following the guidelines provided by the Coronavirus Disease 2019 (COVID-19) Public Health recommendations.

Please consider making a [donation](#) of any amount – you'll not only provide nourishment, you'll be giving women experiencing homelessness a safe place and the care they need during this health crisis.

With heartfelt appreciation,



Alisa Chatinsky
Executive Director

P.S. We encourage you to look out for each other and help as you are able, while maintaining your health and well-being . Be aware, be safe, and remember that we are all in this together. The Sophia Way is proud to be a part of this supportive and caring community.

Thank you for supporting our mission to end homelessness for women in our community.

I/We Support the Meals Fund for Women

GIVE

NOURISH

VOLUNTEER

CONNECT. FOLLOW. LIKE. TAG. SHARE.



Our Office

The Sophia Way

11061 NE 2nd Street

Suite 223

Bellevue, WA 98004

Ph: 425.463.6285

Email: info@sophiaway.org

9 AM to 5 PM

Day Center

Sophia's Place

(Behind St. Luke's Lutheran Church)

3032 Bellevue Way NE

Bellevue, WA 98004

Ph: 425.896.7385

8 AM to 3 PM

Bus route: 249

Emergency Shelter

(Until May 2020)

Temple B'nai Torah

15727 NE 4th Street

Bellevue, WA 98008

Ph: 425.463.6254

8:30 PM to 7:30 AM

Bus routes: 226, 245, B Line

[Unsubscribe](#)

[The Sophia Way](#)

<https://sophiaway.org/>

