

Dear Friends,

Can you believe that it's been a year since we opened [Helen's Place](#)?

Forty women have found a place to rest and heal – the comfort of a bed instead of a mat on the floor. And most important, a community of fellow-residents, caring staff, and generous supporters. Last month, as we celebrated a client's 66th birthday, she tearfully hugged staff and said: "*This is the first time in 20 years that someone celebrated my birthday!*"



On August 19, we will celebrate a year of hope and change for women. Your generosity makes a tremendous impact in the lives of women staying in shelter – women seeking safety and stability.

Many of you have written to me expressing your thoughts about my [departure](#). It warms my heart to hear from you and to learn how you feel about the impact I was able to make. It was a difficult decision to leave, but know we have a stronger, more dynamic organization. I have full confidence that the community will continue to support women on their journeys to safe and stable living.

You give them hope of a brighter future and I wish the same for you.

In Gratitude,

Alisa Chatinsky
Chief Executive Officer

Get Involved



On September 21st, we'll celebrate lives changed at [Sheltering from the Storm](#) and need your participation! There are many opportunities to get involved to support



Your gift helps prevent evictions, pays for applications and move-in costs, and supports women with what they need to get housed and stay housed. Your donation will have

women on their journey to a place to call home.

Email [Sairah Siddique](#) to learn more!

[REGISTER](#)

twice the impact – Suzanne & Mike Sievert, longtime champions of The Sophia Way, have generously gifted \$50,000 in matching funds.

[GIVE](#)



August is National Make-a-Will Month! You've been there for The Sophia Way and we want to help you secure the future for the people you love the most. Whether you've never made a will at all or need to update yours, why not start now?

[Create a Legacy](#)



Love cooking? Your contribution of a nourishing meal keeps women healthy. We have open slots in August. Get your family and friends involved. You can also order from a restaurant and have the meal delivered directly to our shelters.

[Donate a Meal](#)

You Make a Difference!



Residents at Sophia's Place and Helen's Place have been enjoying beautiful summer days and spending more time outside. The staff have been organizing outdoor games and fun activities such as painting and craft.

Julie had been living in a car and had been applying for every housing option available, but was put on many waitlists. Then she came to Sophia's Place and connected with a case manager who helped her with finding a place she could afford. Now she is living in an apartment, happy to finally have a place to call home.

Susie was so happy when she found a job that she knew she would enjoy. Working fulltime has given her the confidence to focus on other things that she needed to get done. She is working with her case manager to get counseling and food stamps.



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