

Dear Friends,

We are halfway through 2022 and have good news to share.

We set a **goal to house 100 women** this year, and six months into the year, **57 women have found a place to call home!**

Case managers have supported women in finding employment, building life skills, and getting help for mental and physical health issues. Weekly meetings and a stability plan with short- and long-term goals helps women to keep track of their goals and find joy when they reach them, including finding housing.

Another goal was to begin the Behavioral Health Program. It took some extra time in this challenging hiring environment, but we have hired a **Behavioral Health Specialist who is working with clients** and ready to help staff when needed. And, we are still seeking a [Behavioral Health Program Manager](#).

As summer rolls on, we are delighted to welcome many more [volunteers as shelter assistants](#) at Helen's Place and Sophia's Place. They have been incredible in supporting staff in serving lunch and cleaning up after. We are working on more opportunities for the community to contribute their skills with arts and craft, and self-care activities at the shelters. We will share these on our website in a few weeks.

Coming up in September and October is [Sheltering: A Place to Call Home](#), our annual fundraiser. Please consider hosting an event for your friends, neighbors, family, colleagues, civic or faith groups to learn more about how we are providing hope and change for women in our community. We hope you are looking forward to it as much as we are.

With gratitude,



Dietra Clayton  
Managing Executive Director



Zee Peters  
Executive Director  
Development & Engagement



Sophia Hernandez  
Executive Director  
Finance & Operations



## Stories of Hope & Change



**Cathy** had recently come to Sophia's Place. She was shy and did not communicate much with others. Then, she attended a poetry class that a staff member held every Thursday, and after two weeks, she opened up to her case manager and even began making friends. Cathy is more confident now, and we love watching her confidence grow!

We celebrated when **Peggy** got a job after going through many interviews. She is now keenly attending the finance class to learn about budgeting and saving up to rent an apartment soon.

**Carla** was interested in making their clothes but did not have the resources to learn. Their case manager reached out to a sewing studio, which offered a scholarship for a sewing class. They made a tote bag and are excited to expand their sewing skills.

Sixty days sober is a huge reason for **Kathleen** to rejoice, and we couldn't be happier for her. *"Having a safe place to sleep and stability in my life has helped me so much."*



We value diversity and are committed to supporting employees with competitive salary and benefits, along with training, and opportunities for professional development.

Current openings include [Associate Director of Programs](#), [Behavioral Health Program Manager](#), [Shelter Programs Manager](#), [Human Resources](#)

[Manager](#)

[View all opportunities](#) and please spread the word.

## Your support helps women thrive

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We urgently need gift cards for women to access basic necessities of their choice. Donate gift cards like Safeway, QFC, Fred Meyer, Target, or Walmart. Please mail the cards to:  
The Sophia Way, 1100 Bellevue Way NE, #8A-110, Bellevue, WA 98004.



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