

Dear Friends,

During 2022, 128 women engaged at The Sophia Way found a place to call home! We are grateful for your compassion, kindness, and generosity that provided the resources to help each of these women navigate to stability.



The shelter team works together tirelessly with a focus on trauma-informed care to support women in different places on their journey to stable living. We meet clients where they are, help them identify goals, and address barriers to reaching those goals every day. Group activities like chair yoga, painting, and meditation help offer structure and support, and events like tea parties and brunches create community and camaraderie.

*As a case manager shared: "I've learned that some things take multiple attempts to accomplish. I tell my clients -- don't give up; persist, and you'll meet success."*

In 2023, our focus is on ensuring stability – from our programs and services to organizational leadership and funding resources to continue to be a place of hope and change. We will be sharing more in our upcoming [Coffee with the Executive Team](#) on February 15 and look forward to responding to questions that you may have about our programs, services, and plans for the year.

With a dedicated and compassionate community, we continue to provide the resources and all the supports women need to find a place to call home.

With gratitude,

Dietra Clayton  
Managing Executive Director

Zee Peters  
Executive Director  
Development & Engagement

## Stories of Hope



***Ramona had been living in an area with limited access to necessary support from home-care aides.*** Over the past year, her case manager met her twice monthly to support her in different ways, including picking up prescriptions. In time, Ramona got a Housing Choice Voucher that allowed her to move into an apartment closer to her support system.

***Sally experienced a bad divorce and had been living in her car for five years...*** she stopped taking care of her health. The Vehicle Outreach case manager encouraged Sally to move to Helen's Place, where she was encouraged to see a doctor, take her medications, and

focus on caring for her health needs. Sally started seeing a therapist and working on her mental health. Now, Sally is healthier and has started making jewelry as a business initiative. She is now living in her own apartment and thriving.



We invite you to join The Sophia Way's Executive Team for a virtual hour of coffee and conversation.

They will share updates about our programs and services. There will be time to ask questions.

**Wednesday, February 15, at 9 am**

[Register](#)

**Save the Date for Our Virtual Fundraiser!**

**Wednesday, May 17**

The only change is the time of year. Everything else is the same.

We will recognize our community, honor the Grace of Giving awardee, and celebrate women finding a place to call home.

[Register](#)

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Seeking people to join our team! [View all opportunities](#)

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