





Unsung Heroes

Case managers at The Sophia Way work tirelessly to uplift and empower women in need. Every day, they wake up to several phone calls and messages, each a request for support. Many days, their planned schedules can change because of unforeseen crises. For instance, a client may have a medical emergency, their car may have run out of gas, or they suddenly realize they cannot pay their rent. So, they adjust and prioritize. Yet, amidst the chaos, there's purpose—a commitment to listen, support and help women heal, and build pathways to stability.

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Impact

After years of struggling with familial relationships, Trina finally moved out of her childhood home. It was not an easy decision, but Trina knew she wanted more out of life. Upon arriving at Sophia's Place, she found a compassionate ally in her case manager. Expressing her aspirations to go back to school and get her high school diploma, Trina embarked on a journey of self-reliance. Through guidance and skill-building provided by her case manager, Trina also successfully landed a job at Starbucks. With newfound confidence, Trina eagerly anticipates securing her own place, empowered by the support and resources of The Sophia Way. Our commitment to nurturing resilience and fostering independence is possible because of the dedication of our case managers and the generosity of our supporters.

You Make it Happen!

Between January and April, you helped us **serve 260 women** and **gave 37** women a home of their own!



Volunteers and staff celebrated on April 23!

Spotlight

We celebrated the kindness and compassion of volunteers who give their time and energy to support us in many different ways. Megan Duncan, *Community Engagement Coordinator*, graciously welcomed meal donors, shelter assistants, and donation center volunteers. There was lively conversation and connection with shared purpose among the guests. Thank you to all who came and those who couldn't make it; we hope you know how grateful we are for your support!



Community Spotlight

We honor Asian American, Native Hawaiian, and Pacific Islander Heritage Month and are committed to reflecting the community we serve, work in, and support. We are deeply grateful for the community's generous support of our mission, particularly the donations of meals, which provide a rich array of culinary offerings to women at our shelters.



Invest in Stability

This year's GiveBIG is May 7 & 8. Every dollar you generously donate will go to our Client Assistance Fund, which covers the cost of things like a deposit on a safe and affordable apartment, eye glasses, car repairs, and more. Expenses like these can be a huge barrier to a woman experiencing homelessness. Please GiveBIG to change a woman's life!

Coffee with the ED

Join us on **Wednesday, May 29**, to hear Dietra Clayton, Executive Director of The Sophia Way, share organizational and program updates. This is the first time we are holding this event as an in-person gathering. It will also be accessible via Zoom for virtual attendees. **Register now!**





Community Brunch

We are excited to host this special event on June 2 to celebrate the resilience of women experiencing homelessness. They will have the **opportunity to refresh their wardrobe**, receive haircuts and makeovers, and enjoy fun games. We would **love your support** in donating items for the wardrobe refresh. View and donate the needed items.



Your kind gift will give women a path to stability and a better future.









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The Sophia Way
https://sophiaway.org/