



More Than a Shelter!

The Sophia Way is more than just a shelter; it's a lifeline for women experiencing homelessness on the Eastside. Celebrating 15 years of service, we continue to offer personalized, compassionate support that empowers women to rebuild their lives. Together, we create a community where every woman feels valued and finds hope for a better future.

[Read More](#)

Resilience and Renewal Celebration



From humble beginnings—eight mats on a church floor—to providing shelter, safety, and stability for a hundred women every day, our 15-year journey is truly a cause for celebration, and we want you to be a part of it! Join us on Saturday, December 7 to celebrate the remarkable resilience of the women you support. [Save the Date and Register](#)

Community Spotlight



In August, Sunita Shastri, one of our Board Members, graciously hosted our first-ever **Party with a Purpose**, welcoming some of our meal donors into her beautiful home. She shared on social media: *"I'm passionate about the concept of a Purpose Party, and I've hosted several at my home for various organizations. As a board member, one of the most impactful ways you can contribute—beyond the annual fundraisers—is by hosting small events at your home, office, or even a public space. These gatherings are a great way to connect your friends and family to the causes you care deeply about."*

Thank you, Sunita! You are truly an outstanding board member and champion for The Sophia Way.



SPOTLIGHT

We're excited to share about Kali Taleck, a sophomore at Barnard College, who recently completed her internship with The Sophia Way. Kali's main project was updating our Emergency Preparedness Plan—hence the photo with the fire extinguisher!

During her internship, she also delved into the principles of nonprofit management, gaining hands-on experience in day-to-day administrative operations, fundraising, development, and finance.

We wish Kali all the best as she continues her studies and builds on the skills she gained during her time with us at The Sophia Way.



We're excited to host our Fall Brunch on October 19 - a special event where the women we serve can choose warm outfits to help them prepare for the colder months. The afternoon will be filled with joy, games, and connection, creating a supportive and uplifting experience for our guests.

To make this event truly special, we need your support.

Donate new Items: winter coats, boots, sweatpants, makeup (unopened) - needed by October 9th.

You can donate directly through our [Amazon Wishlist](#) for quick and easy contributions, as the items are shipped directly to us. If you prefer to drop off items in person, our Donation Center is open Wednesdays from 12 to 2 PM. Contact [Megan Duncan](#)

Volunteer opportunity: Want to be part of the action? We'd love to have you volunteer at the Community Brunch! It's a great way to connect with our community and make a tangible impact. If you're interested, please reach out to me. We are also looking for professional hair stylists to volunteer their time to cut hair at the event. If you have anyone in your network who would like to help please connect us.

Interested in sponsoring the event? Email [Megan Duncan](#)

Stay Connected via Text!

We are excited to announce a new way to engage with and stay connected with The Sophia Way! We will share updates, inspiring stories, and the impact of your donations via text message. **When you receive a text from 425.207.4435, you can trust it is from The Sophia Way.** Thank you for supporting women on their journey to stable living.



Your gift will give women a path to stability and a better future.

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