

Dear Friends,

As we step into 2025, I am deeply grateful for **YOU**, our community that embodies compassion, hope, and unwavering support for women experiencing homelessness on the Eastside.

Together, we accomplished so much in 2024! Your generosity provided shelter and safety to *over 500 women*. Through our emphasis on stability, over 120 women found a place to call home and have a stable future.

In 2025, we are determined to continue supporting over 400 women annually. Achieving this ambitious goal will require all of us – our staff, partners, and you – to come together with determination and compassion. With your support, we will ensure women have access to safe shelter, personalized case management to rebuild their lives, and resources that empower them to lead stable lives.

Your belief in our mission inspires us to do more! Thank you for walking alongside us and the women we serve.

With gratitude and hope,



Dietra Clayton
Executive Director

"Imagine being homeless in the winter, feeling depressed and suicidal. The Sophia Way rescued me from further trauma and deterioration. They gave me not only shelter, meals, snacks, hygiene supplies, and a bed but also a case manager who helped me regain my self-esteem and strengthen my self-worth. They provided support and a sense of belonging. They made me realize that I do matter!"

- Rachel

2024 Snapshots



Tuesday, January 30

12 to 1 pm

The Sophia Way Office

**Please feel free to bring your own lunch*

[Register](#)

Join Us for Our First Gathering!

We're excited to introduce a new way to connect, learn, and make a difference!

Did you know that The Sophia Way is the only organization on the Eastside dedicated to supporting women experiencing homelessness? You might, but what about your co-workers, friends, and family?

Women living unsheltered – on the streets or in their vehicles – face unique challenges that leave them especially vulnerable.

Join us to gain a deeper understanding of our model and discover meaningful ways to help unhoused women rebuild their lives.

Bring your friends, family, and colleagues to learn more about a unique organization solving a pressing need right here in your own community.

Space is limited – don't miss out!

Our 2025 Meal Calendar is Open

Start the year with kindness and provide nourishing meals for the women sheltering at Helen's Place in Kirkland and Sophia's Place in Bellevue. Whether you prepare a meal or pick one up from your favorite restaurant, your generosity feeds the body and spirit of the women we serve.

[SIGN UP](#)



The Sophia Way is a place of hope and change for women experiencing homelessness.

Tax ID# 45-4084539. All gifts are tax-deductible to the full extent of the law.

Note: To protect client privacy, we use assumed names and stock images in our newsletters and fundraising appeals.

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