

“When the world implodes and explodes... you can either stay the course the best you can, or adapt and evolve.”

Dear Sujata,

I spoke those words in [our video celebrating 15 years of Resilience and Renewal](#). At that moment, I was reflecting on the 2020 pandemic. Today, we face another period of uncertainty with shifting policies and a new administration, but our commitment remains steadfast.

In these moments, I return to my words: We WILL adapt and evolve. We will continue to provide shelter, safety, and stability, guided by our core values of compassion, inclusion, and dignity. As changes unfold, we promise to communicate openly about their impact. Together, we will keep moving forward.

[Please read my full message here.](#)

With gratitude,



Dietra Clayton
Executive Director



HONORING BLACK HISTORY MONTH

- A Call for Housing Equity

As we commemorate Black History Month, The Sophia Way recognizes the deep-rooted systemic barriers that have disproportionately impacted Black individuals in experiencing homelessness. According to the 2024 Point-in-Time Count, 19% of individuals experiencing homelessness in King County identify as Black or African American, despite making up only 6% of the county's general population, as reported in the 2020 U.S. Census.

[READ MORE](#)



This February, we invite you to make a difference by **supporting women with hair care products for Black and textured hair**. These hair care products are often expensive and hard to find, yet they are essential for proper hair health and dignity for the women we serve. We're hosting a donation drive throughout the month to ensure everyone can access to the products they need.

You can find our requested items and a list of local black-owned small businesses on our [webpage here](#).

"I'm grateful for a warm place when it's freezing outside."



When winter temperatures plummet in King County, it can be life-threatening for women experiencing homelessness. During severe cold snaps, like the one in January and this week, The Sophia Way increases its shelter capacity – extending Day Center hours and adding extra beds – so that women seeking warmth have a safe place to be.

[READ MORE](#)



Enjoy your lunch break while making a meaningful difference in the lives of women experiencing homelessness! This event is designed for busy professionals to take a break from their day and support The Sophia Way's mission as a place of hope and change. Invite your colleagues, and together, let's create lasting positive change for women.

Date: April 17, 2025

Time: 11:45 - 1:15

Location: 11062 NE 2nd St Bellevue

Note: We will have a more traditional evening fundraising event later in the year as well.



The Sophia Way is a place of hope and change for women experiencing homelessness.

Tax ID# 45-4084539. All gifts are tax-deductible to the full extent of the law.

Note: To protect client privacy, we use assumed names and stock images in our newsletters and fundraising appeals.

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