

NEWSLETTER

May 2025

"The Sophia Way will always be my family."

When Amber shared these words at our Fall Community Brunch, she captured not just her personal experience, but the heart of what we strive to be – a place of hope, belonging, and new beginnings. Her words remind us why we do what we do. Every day, we are inspired by the women we meet and serve – by their courage, their resilience, and their determination to rebuild their lives.

Homelessness is more than the loss of a home. It wears you down, takes away your dignity and confidence, and crushes your dreams. We believe homelessness does not define you. Every woman who walks through our doors is seen, heard, and celebrated. We support healing through understanding and build confidence with compassion. We celebrate every small step forward and empower women to rewrite their own futures.

Our biannual Community Brunches are a beautiful reflection of this spirit. Women who have been housed and those still on the journey come together to reconnect and enjoy the simple pleasures of being in community – good food, warm company, and a sense of belonging.

Case managers Rebecca, Soukie, Alyssa, Lani, and Atiyah are all smiles as they place the 39th key on our mission board - celebrating another

woman finding a place to call home.

The journey to stability is rarely a straight line. It can take time and many tries, but no woman walks that path alone. A powerful community surrounds her – you, our amazing, generous supporters, along with staff and case managers. Together, we advocate for an Eastside community where every woman has a home and is thriving.

This work has never been more urgent. The challenges of the past months have deeply affected vulnerable communities – from women experiencing homelessness to those facing economic and food insecurity.

Already this year, we have served and supported 290 women through our six programs. And we have proudly placed 39 keys on our mission board - each one symbolizes a woman beginning her journey toward stability.

Our goal this year is simple: to help 150 women find a place to call home. We have faith – in our community, in every person who has given generously, and in the belief that together, we can do more.

Every woman who walks through our doors deserves the chance to begin again. To know that at The Sophia Way, like Amber said, she won't just find a home. She'll find a family!

2025 Q1 Impact







290 women had shelter, safety, and stability through our programs.











205 Individuals & corporate employees volunteered 1,070 hours.

Upcoming Events and Engagements



GiveBIG is next week!

This year, you can be the reason a woman has a place to call home. We're raising funds for our Client Assistance Fund – a restricted direct client benefit fund that helps women move into their next home. Make your GiveBIG gift and given women the key to their home.

Summer Community Brunch

A heartwarming opportunity for women in our programs to connect, 'shop' for new summer wardrobe items, receive haircuts, and enjoy some self-care. A big thank you to our wonderful community for your incredible generosity in donating new items for the shopping portion of the event.





Black Hair Care Products Drive

Did you know that hair care products for Black and textured hair are often hard to find? This Juneteenth, we are partnering with Friends of Youth, Mary's Place, and Porchlight to collect Black hair care products to ensure the individuals we all serve have access to the products they need. **Stay tuned for details.**

Support Network

Join a group of community members who meet monthly to support women experiencing homelessness Stay informed, share ideas, and amplify our mission. Next meeting is on May 27th.





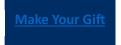
Youth Engagement Committee

Inviting high school students to support women experiencing homelessness through volunteering, fundraising, and advocacy. Learn more and join.



The Sophia Way is a place of hope and change for women experiencing homelessness.

Tax ID# 45-4084539. All gifts are tax-deductible to the full extent of the law.



Provide a Meal

Donate In-Kind

Note: To protect client privacy, we use assumed names and stock images in our newsletters and fundraising appeals.

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The Sophia Way

https://sophiaway.org/