



Volunteer for Meal Donations

Thank you for the nourishing meals you provide for the women at Helen's Place and Sophia's Place. Your generosity offers comfort and care and creates stability for them.

How to sign up

A: Register for this volunteer opportunity

- [Click here](#) to view the details and preview the shifts.
- Click 'Sign Up' in the top right corner of the page.
 - If you have never volunteered at The Sophia Way, you will be prompted to create a Bloomerang account. Once your account is created, you'll be guided through a three-step process to sign up for shifts.
 - If you already have a Bloomerang account, you will be asked to sign in to your account.

Step 1: Select Roles

- Roles represent the different ways you can donate a meal, such as lunch at Helen's Place or dinner at Sophia's Place. You may select one or multiple roles.

Step 2: Select Shifts

- You'll see the shifts available - you can change the view to 'list' or 'calendar' view.
- Click on the meal you want and add it to the cart (you can select multiple shifts).
- When finished, click Complete Sign Up.

Step 3: Review Your Shifts

- Review your selected shifts and email the schedule to yourself if desired.
- You will also receive an automatic confirmation email with the details of your selected shifts.

To cancel a shift

- Sign in to your Bloomerang account
- Go to 'My shifts'
- Click on the shift that you would like to cancel
- Click on 'Remove me'

Please read the [Meal Guidelines document](#) for information on providing meals.

Please reach out if you need help. Email Volunteer Coordinator at volunteer@sophiaway.org with your questions or issues. Thank you for your compassion, time, and care.

The Sophia Way is a place of hope and change for women. We support them on their journey from homelessness to safe and stable living. sophiaway.org